

Youth Sojourn Packing List:

The items below are suggested but not mandatory.

Shelter - We will be staying in cabins at Camp Lackawanna, so tents are not mandatory.

Canteen/water bottle/cup (MUST HAVE WITH YOU)

- _ Sleeping bag
- _ Sleeping Pad
- _ Blankets
- _ Pillow

Miscellaneous Items

- _ Sunscreen***
- _ Aloe for after you don't use above suggest items
- _ Chap stick
- _ Bug spray
- _ Backpack
- _ Ziplock Bags
- _ Sunglasses
- _ Playing Cards
- _ Flashlight/batteries
- _ Trash bags
- _ Cell phone/Dry Case- Should stay in your dry bag that is on the bus or in your cabin
- _ Charger
- _ Snacks

Weather should determine how you pack for the trip. May weather is hard to predict. It could be 90 degrees or 30 degrees. Please pack accordingly. Try not to over pack. Space is limited.

Clothes - Prepare for all conditions and weather.

- _ Shoes/boots
- _ Crocks or water shoes
- _ Jeans/pants/belt
- _ Shorts
- _ T-Shirts
- _ Socks/extra socks
- _ Sweatshirt/jacket
- _ Underwear
- _ Dry Sleep Clothes for Night
- _ Rain gear
- _ Towel
- _ Laundry bag

Try to stay away from cotton, if possible

Personal

- _ Towels
- _ Toothbrush/ toothpaste
- _ Deodorant
- _ Feminine products
- _ Toilet paper
- _ Personal medications
- _ Dry bag or double plastic bags for everything you want to keep dry

We have been on trips where it rained and trips where it was very hot, so please have appropriate clothes packed and a personal supply of water.