

Youth Sojourn Packing List

Shelter will be cabins at Camp Lackawanna, so tents are not required.

Canteen/water bottle/cup (MUST HAVE WITH YOU)

- _ Sleeping bag
- _ Sleeping Pad
- _ Blankets
- _ Pillow
- _ Sunscreen
- _ Aloe for after if you don't use the suggested item above
- _ Chapstick
- _ Bug spray
- _ Backpack
- _ Ziplock Bags
- _ Sunglasses
- _ Playing Cards
- _ Flashlight/batteries
- _ Trash bags
- _ Cell phone/Dry Case- Should stay in your dry bag that is on the bus or in your cabin
- _ Charger
- _ Snacks

Clothes - Prepare for all conditions and weather.

- _ Shoes/boots
- _ Crocks or water shoes
- _ Jeans/pants/belt
- _ Shorts
- _ T-Shirts
- _ Socks/extra socks
- _ Sweatshirt/jacket
- _ Underwear
- _ Dry sleep clothes
- _ Rain gear
- _ Towel
- _ Laundry bag (Stay away from cotton if possible)

Personal

- _ Towels
- _ Toothbrush/ toothpaste
- _ Deodorant
- _ Feminine products
- _ Toilet paper
- _ Personal medications
- _ Dry bag or double plastic bags for everything you want to keep dry

Weather should determine how you pack for the trip. May weather is hard to predict. It could be 90 degrees or 30 degrees. Please pack accordingly. Try not to over pack. Space is limited.