



Endless Mountains Heritage Region, Inc.

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emheritage.org

The Endless Mountains Heritage Region and CHOP Out Hunger's "Hungry for Adventure" Youth Paddling Event August 8-9, 2025

Essay Contest

Are you a student who is "Hungry for Adventure"? The Endless Mountains Heritage Region (EMHR), CHOP Out Hunger, Endless Mountain Outfitters, and Susquehanna Kayak and Canoe Rentals are teaming up to put on a two-day journey along the Susquehanna River North Branch Water Trail for students in grades 6-12. Complete with lodging at Camp Lackawanna, shuttling, meals, guest speakers, paddling instruction, kayak rentals, fun activities, and more; this trip is sure to be the experience of a lifetime! We only have space for 70 students available, so be sure to submit an essay for your chance to join us on this adventure for FREE! Interested students should submit their essays to the front office of their school by the end of the day on **Monday, March 24, 2025** to be considered! We will begin reviewing essays in early April and inform all selected participants by the beginning of May 2025.

Grades 6-7:

If you were a leaf floating down the river, describe your journey and how it makes you feel.

Grade 8:

Research says that being near water can be therapeutic. How would you benefit from spending two days on the river kayaking this trip?

Grade 9-10:

Explain the causes and effects of water pollution in rivers, including sources of contaminants.

Grade 11:

Discuss the challenges and strategies involved in managing water resources from a river system. Describe the impacts of climate change on river flow and water availability.

Grade 12:

Describe how rivers have historically shaped human civilizations and cultural practices. How does the river affect your community today?