

Hungry for Adventure Sojourn Packing List

Shelter will be cabins at Camp Lackawanna, so tents are not required.

- _Canteen/water bottle/cup (MUST HAVE WITH YOU)
- _Sleeping bag
- _Sleeping Pad
- _Blankets
- _Pillow
- _Sunscreen
- _Aloe for after if you don't use the suggested item above
- _Chapstick
- _Bug spray
- _Backpack
- _Ziplock Bags
- _Sunglasses
- _Playing Cards
- _Flashlight/batteries
- _Trash bags
- _Cell phone/Dry Case- Should stay in your dry bag that is on the bus or in your cabin
- _Charger
- _Snacks

Clothes - Prepare for all conditions and weather.

- _Shoes/boots
- _Crocs or water shoes
- _Jeans/pants/belt
- _Shorts
- _T-Shirts
- _Socks/extra socks
- _Sweatshirt/jacket
- _Underwear
- _Dry sleep clothes
- _Rain gear
- _Towel
- _Laundry bag (Stay away from cotton if possible)

Personal

- _Towels
- _Toothbrush/ toothpaste
- _Deodorant
- _Feminine products
- _Toilet paper
- _Personal medications
- _Dry bag or double plastic bags for everything you want to keep dry

Weather forecasts should determine how you pack for the trip. Pack accordingly. Space is limited.